

When can you go?

This experience is available Monday to Sunday, throughout the year.

How long does this activity last?

This experience will last a full day.

You need to know

- The minimum age is 10 years.
- You should have good general fitness. If you have any history of cardiovascular disease, high blood pressure or mobility problems then you may require a doctor's note to confirm you are suitable to participate. If unsure, please check on booking.
- There are no qualifications required.
- This is for a voucher entitling the holder to any of the activities supplied by Activity Superstore up to the value stated.

You and how many others?

There will be three other people in your group.

Family and Friends

You're welcome to bring spectators to watch.

We can't control the weather!

This activity is dependent on appropriate weather conditions

Where do I go?

Gwynedd

Bala