

### *When can you go?*

This experience runs on selected dates, April to November.

### *How long does this activity last?*

This experience will last approximately 5 to 6 hours.

### *You need to know*

- The minimum age for this experience is 16 years.
- A good/high level of fitness is required for this experience.
- There are no qualifications required for this experience.
- This is for a voucher entitling the holder to any of the activities supplied by Activity Superstore up to the value stated.

### *You and how many others?*

There will be a maximum of 8 people on each walk.

### *Family and Friends*

Unfortunately you cannot bring along spectators.

### *We can't control the weather!*

This activity is dependent on appropriate weather conditions

### *Where do I go?*

**Cumbria**

**Kendal**